



ELECTRIC EELS SWIMMING PROGRAM

WAYNE SWAN CUP SHIELD WINNERS 2016
 NUNDAH EXPERIENCE SHIELD WINNERS 2017
 MARK GRIFFITHS MEMORIAL SHIELD WINNERS 2017

SQUAD Spring Vacation Intensive Program

Located at the
 Zillmere State School
 Pool

Entry at the Merrett
 Avenue School Gate

Monday 18 September 2017 to Thursday 28 September 2017 (2 weeks)

Swimming competition skills including individual swimmer preparation for the Summer competition swimming meets.
 Fitness for all sports through cross training.

LEVEL	SESSION DAYS	SESSION TIMES*	WEEKLY FEE
Advanced Transition (choice of 4 sessions)	Tuesday and Thursday Monday and Wednesday	08:00AM to 08:30AM 03:15PM to 03:45PM	\$27.00 + GST
Novice Development (choice of 4 sessions)	Wednesday and Thursday Tuesday and Thursday	07:30AM to 08:15AM 03:15PM to 04:00PM	\$27.00 + GST
Junior Competition & Fitness (choice of 6 sessions)	Tuesday and Thursday Monday to Thursday	07:00AM to 08:00AM 03:45PM to 04:45PM	\$27.00 + GST
Premier Competition (choice of 7 sessions)	Tuesday, Wednesday and Thursday Monday to Thursday	*05:30AM to 07:30AM *04:45PM to 06:45PM	\$37.00 + GST
Swim Fit for Adult and Youth Recreational Swimmers (choice of 7 sessions)	Tuesday, Wednesday and Thursday Monday to Thursday	*05:30AM to 07:00AM *05:45PM to 06:45PM	\$27.00 + GST

*Flexible session starting times may be arranged.

Reserve a place in our highly-regarded program for all levels of swimming by contacting Paula at
bookings@electricceels.org.au or 0413 615 266



ELECTRIC EELS SWIMMING PROGRAM

LEARN TO SWIM Spring Vacation Intensive Program

Monday 18 September 2017 to Thursday 28 September 2017 (2 weeks)

Located at the
 Zillmere State
 School Pool

Entry at the Merrett
 Avenue School Gate

The ideal opportunity to boost confidence following the Term 4 2017 school swimming experience.

LEVEL	FOCUS	DAYS	Lesson Times	Weekly FEE
O – Orientation to water confidence and safety to Level 4 –Transition to Squad Programs	Building confidence and developing appropriate water safety and stroke efficiency at every level	Monday to Thursday	08:30am 09:00am 09:30am 10:00am 10:30am	\$55.00 for 4 lessons or \$16.00 per casual lesson *GST does not apply for swimming and water safety lessons

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